

What would you do if a child has a certain emergency as a caregiver or parent?

a. Child is having a nosebleed

I will put on a pair of disposable gloves. Next, I will ask the child to gently blow his or her nose into a tissue to remove any blood clots. Next, I would apply pressure to their nose using my thumb and index finger for about 7 to 10 minutes. If this did not stop the bleeding I would try the nose pressure again. I would not tilt their head backwards since it causes the blood to flow backwards and down their throat. I would contact 911 if the bleeding still continues after my second nose pressure attempt. I will stay with the child to ensure the child remains rested and calm.

b. Child appears to be having a seizure

First time seizures need to be called into 911 right away. Furthermore, I will call for emergency help: If I knew the child had a history of a seizure disorder and it lasted longer than a few minutes and the child was having a hard time breathing. I would carefully lay the child's head down onto a small pillow. Loosen tight clothing around the neck and waist area. Place the child on their side and elevate their head. Watch over the child until the seizure has subsided and/or emergency help has arrived.

c. Toddler is choking on a bead found on the floor

I would look inside the child's mouth and remove any visible objects. If I cannot remove the object I would summon the staff to call 911. For ages one and up I would apply the Heimlich maneuver. If the child is an infant I will place the infant on the floor face up and begin CPR, chest compressions, open the airway and give 2 rescue breaths. I would wait with the child until emergency help has arrived.

d. Child is having an acute asthma attack

I would call 911. I shall remain calm and keep the child calm. I will give the child their prescribed acute asthmatic medications. Next, I would keep the child relaxed and in a seated or standing position. I shall stay with the child until help arrives.

e. Child fell from a playground climber. She appears disoriented, pale and has cool, clammy skin.

I feel this is a life threatening head injury. I will call 911. I will observe and continue to stay with the child until emergency help arrives.

f. Child had sand thrown in eye

I will discourage the child from rubbing their eyes. I will try to flush out the child's eyes with warm water or a saline wash solution. If the sand cannot be removed, I shall cover the child's eyes with a gauze pad and tape. If I were the caregiver, I will call the parents so that they can seek medical treatment.

g. Child slammed fingers in a door

I would place the child in a quite private area. I would put on a pair of disposable gloves. Look for open sores or open fractures. Treat open sores with thin of antibiotic ointment and apply a band aid. If I feel there is an open fracture or it seems to be overly painful I will call 911 and the child's parents. I will stay with the child until emergency help arrives and help the child stay calm.

h. Crawling infant is found chewing on an extension cord

If I were a caregiver or parent:

I would immediately unplug the cord before touching the child. Yell for assistance. This is a life threatening condition and I would have the staff call 911 right away. I would check to see if the child is breathing and begin CPR right away if the child is not breathing. I would be looking for signs of shock and burns. I would request the child be transported to a medical hospital as soon as possible. *Last of all, follow up with the staff or household because this is a safety issues that should not have happen.*

Be on guard when a child is involved. Check your day care center for safety and do a complete check of your home to be sure your child can remain safe in their environment.

[See our article how to ensure you are selecting a good daycare center for your child.](#)

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